

Eucharistic Adoration Commitment Form

Please check one:

Committed: YES, I would like to respond to the invitation of Jesus to spend time with Him. I commit to spending one hour or more every week in Eucharistic Adoration.

Uncommitted: I am unable to commit at the moment but please include me in the list of casual adorers.

Name:

Mailing Address: (You will periodically receive materials or information through the mail.)

Telephone Contact:

Email:

I commit to spending at least one hour each week in Eucharistic Adoration My desired schedule is:

DAYS

Sunday Monday Tuesday Wednesday

Thursday Friday Saturday

TIME

7am 8am 9am 10am 11am

12noon 1pm 2pm 3pm 4pm

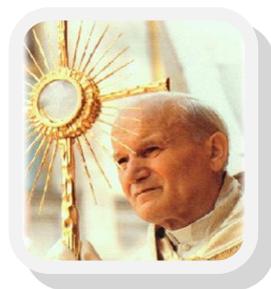
5pm 6pm 7pm 8pm 9pm

Please drop the completed form in a box located in the St. John Paul II Adoration Chapel.

Eucharistic Adoration at St. Joseph Church



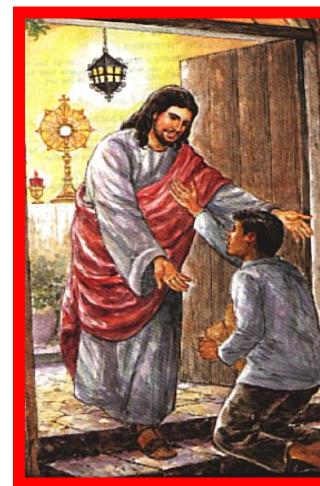
"Come to Me in the Blessed Sacrament"



Visit the St. John Paul II
Eucharistic Adoration Chapel
located on the Diamond Head Side of
St. Joseph Church in Waipahu
Open Mondays - Saturdays 7 am - 10 pm
Closed on Sundays and Holidays

What is Eucharistic Adoration?

Eucharistic Adoration in simple words is adoring or honoring the Real Presence of Jesus in the Most Blessed Sacrament. It is our response to Jesus' love for us. We become a part of Eucharistic Adoration when we willingly commit to spend a quiet holy hour of prayer in His Eucharistic Presence once a week on the same day at the same time every week to



adore Our Lord. For such a commitment the graces and blessings that will be bestowed on us and our loved ones will be abundant in this life and beyond measure in the next.

During Eucharistic

Adoration, we "watch and wait", we remain "silent" in His Presence and open ourselves to His Graces which flow from the Eucharist ... By worshiping the Eucharistic Jesus, we become what God wants us to be! Like a magnet, the Lord draws us to Himself and gently transforms us. In its fullest essence ... Eucharistic Adoration is "God and Man reaching out for each other, at the same time!"

Why Should We Participate in Eucharistic Adoration?

In the Garden of Gethsemane, Our Lord Jesus told the three disciples to *"Remain here and keep watch with me"*. After praying to the Father, Jesus returned to his disciples and found them sleeping. He said to Peter *"Could you not keep watch with me for one hour?"* (Matthew 26:40) From scriptures, Our Lord is asking us to spend an hour with Him in prayer. There are 168 hours in a week and Jesus asks us to spare only one hour of our time to be with Him. Do we give Him that hour of homage and adoration or do we say "I don't have time, I'm busy" to the One who gives us everything? Our Lord Jesus deserves more than the one hour that we spend on attending Sunday Masses. Without God, we would not exist.

Jesus waits for us in the Blessed Sacrament

He waits for our little Acts of faith, adoration, love, thanksgiving, repentance, reparation and charity that we can offer Him as we contemplate His Divine Majesty in the Blessed Sacrament. St. Alphonsus Liguori wrote: "Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the Sacraments, the one dearest to

God and the one most helpful to us". The Eucharist is a priceless treasure: By not only celebrating the Eucharist (attending Holy Mass), but also by praying before It outside of Mass (Eucharistic Adoration), we are enabled to make contact with the very wellsprings of Grace .

Miracles, Graces and Blessings during Eucharistic Adoration!

Day and night Jesus dwells in the Blessed Sacrament because of His Infinite love for us! The more time you spend with Jesus, the more you will come away feeling renewed and healed. Miracles of conversion, peace, discovery of vocations, answers to prayers, physical healings, and many other wonderful things happen where and when the Lord Jesus is adored in the Blessed Sacrament. They are the "gifts" that point to the Almighty Giver and testify to His Real Presence in the Blessed Sacrament.

Developing a Personal Relationship with Jesus

We grow spiritually with each moment we spend with Jesus! Through our Adoration, Jesus calls us to a personal relationship (to become His friends and disciples), to "remain in Him" and to "remain in His love". He

promises that those who remain tightly bonded to Him, will bear much fruit and "their joy will be complete". For without Him, we can do nothing. Through this "friendship", we are inspired and strengthened to take on life's challenges, to carry our daily cross with a new attitude, to become a "new creation" (more and more like Jesus).

What to do during Adoration

You may sign up to be an "adorer" which allows you to schedule yourself for one or more hours per week to pray before the very presence of Our Lord, exposed in the monstrance. It means that you can have some time alone with Jesus to recite your favorite prayers in silence, read the bible, contemplate acts of faith, hope, charity, thanksgiving, reparation, pray a rosary or chaplet or do whatever type of prayerful devotion that suits you before Our Lord. You can just sit and say nothing simply keeping Him company, just as you would with a dear friend. You can speak to Him about everything. You can offer Him your petitions, concerns, troubles, joys, gratitude, disappointments, needs and aspirations.

Eucharistic Miracles

Do you really believe that Jesus is truly present in the Blessed Sacrament? Do you doubt that the Holy Eucharist is the Body, Blood, Soul and Divinity of Our Lord Jesus Christ? Since the beginning of Church history, Eucharistic miracles (where visible transformation or changing of the bread and wine into the Flesh and Blood of Jesus Christ) were reported. When the faithful doubted the true presence of Jesus in the Holy Eucharist, the Lord performed miracles to remind us that the Eucharist is really His Flesh and Blood. One of the most notable miracles is the miracle of Lanciano, Italy which is officially recognized by the Catholic Church. During the 8th century A.D., a Basilian monk doubted the real presence of Jesus in the Eucharist. During mass when he said the Words of Consecration, he saw the bread change into living flesh and the wine change into live blood, which coagulated into five globules. The flesh and blood of that miracle can still be seen today in Italy as they are displayed reverently in a monstrance-like vessel.



We Need Committed Adorers

On May 1, 2011 (Divine Mercy Sunday) the parish community of St. Joseph in Waipahu was privileged to celebrate the opening of the Blessed Pope John Paul II Adoration Chapel. There is a great need for committed adorers to spend at least an hour each week before the Blessed Sacrament. Blessed Pope John Paul once said, *"The Church and the world have a great need of Eucharistic Adoration. Every member of the Church must be vigilant in seeing that the sacrament of Love shall be at the center of the life of the people of God"*. Although the long-term goal is to establish perpetual adoration (24 hours, 7 days), the immediate need is to have at least two committed adorers for each hour from 7 am to 10 pm, Mon. - Sat. **You are greatly needed to respond to the invitation of Jesus.** Jesus wants you to do more than to go to Mass on Sunday. Your holy hour with Jesus in adoration will repair for evils of the world and bring about peace on earth. If Jesus were actually visible in the church, everyone would run to welcome Him, but He remains hidden in the Sacred Host under the appearance of Bread, because He is calling us to faith, that we may come to Him in humility.